

## **SUMMER 2021**

### **TASHRA Innovations Training**

#### **Tickets Available Now**

### **Power Privilege, and Play: A Primer on Healing Through Anti-Racist, Kink-Affirming Care**

Live Online Workshop

4 hours

9am to 11am Pacific Standard Time

First session: Saturday, July 24th

Second session: Sunday, July 25th

The mental health industry is implicitly biased to a white, cis, hetero (non-kinky) normative. Difference becomes otherness, otherness becomes deviance, and deviance becomes pathologized in this system. This results in our most marginalized communities receiving care that reflects the same discriminatory and minoritized experiences they are having in the world at large. When these experiences are reflected rather than corrected, we miss opportunities for healing, at best, and risk re-traumatization, at worst. On the flip side of this danger, is the healing potential of intersectional affirming care.

Privilege, Power, and Play: A Primer on Healing Through Anti-Racist, Kink-Affirming Care offers clinicians an overview of how systemic and institutionalized inequity shows up in clinical framework and practice, invites them into an exploration of how they are doing and how they can do better, and provides an alternative narrative where kink is held as not only a healthy manifestation of sexuality but as an avenue for healing.

#### **Learning objectives:**

After completion of the webinar, attendees will be able to...

1. Participants will gain the ability to critically analyze the negative effect of normativity for minoritized groups.
2. Participants will be able to define intersectionality and comfort with cultural difference, in order to move towards an actively anti-racist practice.
3. Participants will assess for personal bias and learn skills for integrating affirming care into their mental health services for minoritized groups.
4. Participants will be able to describe and practice an alternative mental health narrative of kink which centers it as a tool for healing.

#### **Format:**

The workshops will combine didactic instruction, case examples, and group discussion to demonstrate the practice of working with kink-involved clients.

**Cost:** \$150 for 4 APA CE credits, \$75 without APA CEs; All attendees receive AASECT CEs.

**Instructor Bios:**

**Traci Medeiros-Bagan: [www.compassionaterevolte.com](http://www.compassionaterevolte.com)**

Traci Medeiros-Bagan (She/They) has a BA in Critical Gender Studies with a focus in Sexuality from UC San Diego and an MA in Counseling Psychology from Argosy University. They have been in private practice for 10 years specializing in work with QTPOC, Kink, Non-Monogamous, and Sex Worker Communities.

They are the Co-Founder and Co-Director of Gather and Grow OC, a group practice specializing in affirming and integrative wellness. Traci sits on the board for the QTAP (Queer and Trans Affirming Provider) Certification Program, in addition to being a mentor and faculty member for the organization. They are also an advisory board member for the upcoming KinkedIn dating application. Their clinical caseload is full, but they are available for speaking, consulting, and business coaching.

**Richard Sprott:**

Richard Sprott received his Ph.D. in Developmental Psychology from UC Berkeley in 1994. His early work was on social and language development in early childhood. Throughout the 1980s, he conducted program evaluations for educational programs for migrant farmworker families and worked in other areas of migrant farmworker education. As a researcher he has examined in detail the relationship between professional identity development and the development of professional ethics in medical doctors, ministers and teachers, and professional identity development in emerging fields of work. He is currently directing research projects focused on identity development and health/well-being in people who express alternative sexualities and non-traditional relationships, with a special emphasis on kink/BDSM sexuality, and polyamory or consensual non-monogamy. He is the President-Elect of the Society for the Psychology of Sexual Orientation and Gender Diversity (APA Division 44) for 2020-2021. He is also the co-author of *Sexual Outsiders: Understanding BDSM Sexualities and Communities* (Rowman & Littlefield, 2013). Along with Dr. Elisabeth Sheff, he is co-editor of a new book series *Diverse Sexualities, Genders, and Relationships* from Rowman & Littlefield. All of these efforts highlight the ways in which stigma, prejudice, minority dynamics, health, language, identity development and community development all intersect and affect each other. Richard currently teaches courses in the Department of Human Development and Women's Studies at California State University, East Bay and graduate level courses at various universities in the Bay Area, including UC Berkeley and Holy Names University.

**Anna Randall:**

Anna Randall, DHS, LCSW, MPH (she/her/hers) is co-founder & Executive Director of TASHRA - The Alternative Sexualities Health Research Alliance ([tashra.org](http://tashra.org)), a national nonprofit research and clinical training organization. She holds a Doctorate in Human Sexuality, a Masters in Public Health, and a Masters in Social Work from Boston Univ. Dr. Randall is a published researcher on the lived-experiences of kink-involved (BDSM & fetish) individuals, a sex therapist & adjunct faculty at Widener Univ. Recent involvements: Clinical Practice Guidelines for Working with People with Kink Interests, founder of the MOTE Conference, and Co-lead Investigator on the Kink Health Survey 2021 based on the 2016 preliminary findings.

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**Continuing Education**

The complete two-day event of two hours each day is eligible for 2 CE units. CE credit is APA and/or AASECT credit. 4 CE credits are available total.

CARAS is the organization that will sponsor the CE credit. CARAS is approved by the American Psychological Association to sponsor continuing education for psychologists. CARAS maintains responsibility for this program and its content.

[www.carasresearch.org](http://www.carasresearch.org)

Many states honor APA CE credits for other licensed health professionals, please check with your own state licensing board.

This program meets the requirements of the American Association of Sexuality Educators, Counselors and Therapists (AASECT) and is approved for 2 CE credits per module. These CE credits may be applied toward AASECT certification and renewal of certification. Completion of this program does not ensure or guarantee AASECT certification. For further information please contact [info@assect.org](mailto:info@assect.org).

For further information on CE credit, please contact Richard Sprott at [richard@tashra.org](mailto:richard@tashra.org) directly.

**Cancellation Policy**

You may cancel up to ten days before a scheduled workshop without penalty and receive a credit for another workshop or a refund minus \$10 for processing costs. If you cancel less than ten days before, you will be responsible for payment. CARAS reserves the right to cancel any event that is less than 60% full within 4 business days of the class. If CARAS cancels an educational event, you will receive a credit toward another workshop.

**CARAS Complaint Resolution Procedures**

CARAS is committed to conducting all activities in compliance with the American Psychological Association's Ethical Principles of Psychologists. CARAS will adhere to all legal and ethical responsibilities to be nondiscriminatory in promotional activities,

program content, and the treatment of program participants. Monitoring and assessment of these standards will be the responsibility of the Continuing Education Administrator. While CARAS makes every attempt to assure fair treatment for all participants, occasionally complaints will arise about continuing education programs. The procedures for addressing complaints are as follows:

When a participant files a complaint, either orally or in written format, and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual making the complaint will be asked to put his/her comments in written format. The on-site CE Coordinator will then pass the comments on to the speaker, assuring the confidentiality of the complainant.

2. If the complaint concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, on-site CE Coordinator will mediate and attempt to resolve the complaint on-site. If the participant requests action, the Coordinator is empowered to:

- a. attempt to move the participant to another workshop, or
- b. provide a credit for a subsequent year's workshop, or
- c. provide a partial or full refund of the workshop fee.

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.

3. If the complaint is made after the program has occurred or concerns the CARAS CE programming more generally, the CARAS Complaint Panel will address it as follows:

- a. Request that the complainant submit a written complaint and propose an appropriate remedy,
- b. provide the instructor(s) with the opportunity to respond to the complaint and propose an appropriate remedy,
- c. review these documents, make a final determination, and decide on any remedy.

For further information, contact the Executive Director of CARAS, Richard A. Sprott, at [richard.sprott@carasresearch.org](mailto:richard.sprott@carasresearch.org) or at 510-919-4488. You can also contact us at CARAS, P.O. Box 812, Rio Vista, CA 94571