

THIS TRAINING CAN BE INITIATED AT ANY TIME.

Why are people aroused and attracted to intense sensations (like flogging, biting, spanking)? Why are people turned on by humiliation? Do people who take on Dominant roles or submissive roles have particular personality traits? Is regularly kinky practice actually healthy for the mind and body?

This webinar will review many of the findings from psychoneuroimmunology, personality trait theory, kink studies, and neuroscience that are relevant to answering these questions.

The webinar will offer a total of 4 units of continuing education for psychologists and other mental health providers that can use American Psychological Association (APA) or AASECT (American Association of Sexuality Educators, Counselors, and Therapists) CE credit. Two sessions in the series, each session is complete and worth 2 units of CE credit each.

Format

The workshops will combine didactic instruction, case examples, and group discussion to demonstrate the practice of working with kink-involved clients. Passwords and links for each video will be granted upon purchasing the ticket. This email will also include access to the necessary evaluations and tests to earn CEs.

Learning Objectives

This workshop is designed to help you:

1. Describe mechanisms of pain perception
2. Describe relevant hormones in the experience of pleasure
3. Explain how a BDSM scene might capitalize on these mechanisms of pain and pleasure
4. Outline relevant aspects of personality traits and expressions when people are in a Dominant frame of mind
5. Outline relevant aspects of personality traits and expressions when people are in a submissive frame of mind
6. Discuss the role of trust in affecting the perception of pain and pleasure
7. Describe the difference between a 'good scene' and a 'bad scene' in terms of psychoneuroimmunological responses

CE Policy and Procedures

CE's will be provided once you have viewed each ZOOM recording and completed both sets of content evaluations assigned to each video.

Approval by Professional Organizations for CARAS to offer Continuing Education: CARAS strives to maintain approval to offer CE from professional sponsor-approval organizations. In order to do so, in all CE sessions (as noted in the program) participants must sign in and have their full name on their Zoom window, complete a participant's satisfaction form, and complete an assessment of learning to earn a CE attendance document. CARAS does not condone, recommend or support any products mentioned in any CE sessions. CARAS maintains responsibility for the program and its content.

Psychologists:

CARAS is approved by the American Psychological Association to sponsor continuing education for psychologists. CARAS maintains responsibility for this program and its content.

The webinar schedule and instructor credentials, including relevant professional degree and discipline, current professional position, and expertise in program content will be provided on the TASHRA website or by email request.

After the webinar, the CARAS CE committee will send names and license numbers to the appropriate provider organizations as needed. You MUST also contact your individual organizations and inform them of your participation in CE sessions. CARAS will keep your information on file as required by the sponsor-approval organizations.

CARAS Complaint Resolution Procedures

CARAS is committed to conducting all activities in compliance with the American Psychological Association's Ethical Principles of Psychologists. CARAS will adhere to all legal and ethical responsibilities to be nondiscriminatory in promotional activities, program content, and the treatment of program participants. Monitoring and assessment of these standards will be the responsibility of the Continuing Education Administrator.

While CARAS makes every attempt to assure fair treatment for all participants, occasionally complaints will arise about continuing education programs. The procedures for addressing complaints are as follows:

When a participant files a complaint, either orally or in written format, and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual making the complaint will be asked to put his/her comments in written format. The CE Coordinator will then pass the comments on to the speaker, assuring the confidentiality of the complainant.

2. If the complaint concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the CE Coordinator will mediate and attempt to resolve the complaint. If the participant requests action, the Coordinator is empowered to:

- a. provide a credit for a subsequent workshop, or
- b. provide a partial or full refund of the workshop fee.

Actions 2a and 2b will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.

3. If the complaint is made after the program has occurred or concerns the CARAS CE programming more generally, the CARAS Complaint Panel will address it as follows:

- a. Request that the complainant submit a written complaint and propose an appropriate remedy,
- b. provide the instructor(s) with the opportunity to respond to the complaint and propose an appropriate remedy,
- c. review these documents, make a final determination, and decide on any remedy.

For further information, contact the Executive Director of CARAS, Richard A. Sprott, at richard.sprott@carasresearch.org or at 510-919-4488. You can also contact us at CARAS, P.O. Box 812, Rio Vista, CA 94571